

Welcome to your Layering Journal! As you know, people all over the world are cancelling their regular activities for the next few weeks in order to help stop the Covid-19 virus from spreading. We are all making history, because the world has never shut down as many businesses and events before. It is a great time to keep a journal of what your daily life is like so that you can share it with others once things go back to normal. One day, you might even share this journal with your future children so they can learn about what life was like in the year 2020!

Start this journal on a Monday, if possible. On each page of the journal, you will be given a different topic to write about for that day. After you are finished writing, there is a color-and-cut activity for you to complete. Each color-and-cut builds toward an image, so at the end of the week (on Friday), you will see the image emerge! It is a great way to free yourself of stress, and in a few weeks you will have an impressive journal to share with others! (Eventually, you will make your entries into a book, but for now you can just keep them in a folder).

Today's Topic: Do you remember when you first heard about the coronavirus? Was it from a teacher at school, a family member, or on social media? Write down whatever you can remember about where you were and what was said. How did you feel about it at the time? Did you later change your mind about it? Why?

When you are done writing: (A) Color the shaded shape below. (Color all the way to the edge of the page). (B) Cut from the edge of the page and follow the dotted line so that you cut this top part of the paper off completely. Each day, you will have a different shape to color and cut. By the time you get to the end of the week, you can look back at today (Monday) to see how all the shapes form a picture.

<b>Today's Topic:</b> When I First Heard About the Virus	Today's Date:

Tuesday's Topic (#2): What happened on the last day before your school closed? Did you know ahead of time that it was going to be the last day, or did you find out later? Did you get a chance to say goodbye to your teachers and friends? Describe what the day was like. Do you have any regrets?

When you are done writing: (A) Color the shaded shape below. (Color all the way to the edge of the page). (B) Cut from the edge of the page and follow the dotted line so that you cut this top part of the paper off completely.

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Today The Last Day Befo	s Topic: re My School Closed	Today's Date:

Wednesday's Topic (#3): Now that you are staying home from school, how are things different? Are all of your family members staying home all day? Is it hard for your family to get groceries? Which things are easier for you, and which things are harder?

When you are done writing: (A) Color the shaded shape below. (Color all the way to the edge of the page). (B) Cut from the edge of the page and follow the dotted line so that you cut this top part of the paper off completely.

Today's Topic: Staying Home From School: Advantages and Disadvantages
Staying Home Prom School-Mavartages and Visaavartages

Thursday's Topic (#4): Has it been difficult to establish a routine now that you are doing your schoolwork at home? Describe what a typical weekday is like for you now. Do you have your own space to do your work, or are you sharing it with a family member? Do you try to stick to the same schedule every day? Why or why not?

When you are done writing: (A) Color the shaded shape below. (Color all the way to the edge of the page). (B) Cut from the edge of the page and follow the dotted line so that you cut this top part of the paper off completely.

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	Today's Topic: My New Weekday Routine	Today's Date



Friday's Topic (#5): Are you still able to see your friends from time to time? If so, do you follow the guidelines of "social distancing" (staying six feet apart so that you don't spread the virus)? If you are not able to be with your friends, what are some of your favorite ways to stay in touch with them? When you are done writing, color the shaded shapes below and cut off these directions. Finally, look back at Monday's journal entry with the entries from Tuesday through Friday underneath it so you can see all the layers of the picture that you created. Enjoy! Today's Topic: Today's Date: Staying in Touch with Friends During Covid-19

